

Curriculum Overview for Relationships and Sex Education (RSE)

	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6
Year R	Myself and Others	Family Networks	Body Awareness	Hygiene	-	-
Year 1	Myself and Others	Body Parts	Family	Friendships	Choices	-
Year 2	Differences Between Boys and Girls	Differences Between Boys and Girls and Life Cycles	Body Parts	Caring For Each Other	Looking After Our Body	-
Year 3	Self Esteem	Challenging Gender Stereotypes	Differences Between Males and Females	Family Differences	Decision Making	Safety
Year 4	Growing and Changing	Body Changes and Reproduction	What Is Puberty?	Changing Relationships	Assertiveness	More About Puberty
Year 5	Talking About Puberty	Becoming Men and Women	Puberty and Hygiene	Body Changes During Puberty		Building Good Relationships
Year 6	Puberty and Reproduction	Relationships and Reproduction	Conception and Pregnancy	Being A Parent	RSE Questions	