

WHAT'S FOR LUNCH THIS AUTUMN/WINTER?

Caterlink is an award-winning food service provider catering for primary schools across the country.

We are passionate about providing your children with freshly prepared school lunches that are true to our fresh food heritage. All our menus are nutritionally analysed to ensure they meet and, in most cases, exceed The School Food Standards set by our nutrition team. We are committed to constantly reviewing our menus and recipes to ensure they are healthy. We have reduced sugar in our desserts to below the 6.5g recommendations by Public Health England and have been recognised as leading the way by SUGAR SMART UK. We have also introduced a number of plant-based recipes to our menus and meat free days to support the sustainability aspects of our offer.

KEEP IN TOUCH

You can keep up to date with what's going on by visiting our web site <https://caterlinkltd.co.uk/my-caterlink> to find the latest news and information about our upcoming theme days and our current menus. You can also get in touch through our Contact Us page. We appreciate all feedback on our service.

UNIVERSAL INFANT FREE SCHOOL MEALS

Don't forget if your child is in Reception, Year 1 or Year 2, they can enjoy a meal each day without charge, irrespective of income. However, you still need to register if you are entitled to Free School Meals. This is important and helps schools funding.

FREE SCHOOL MEALS

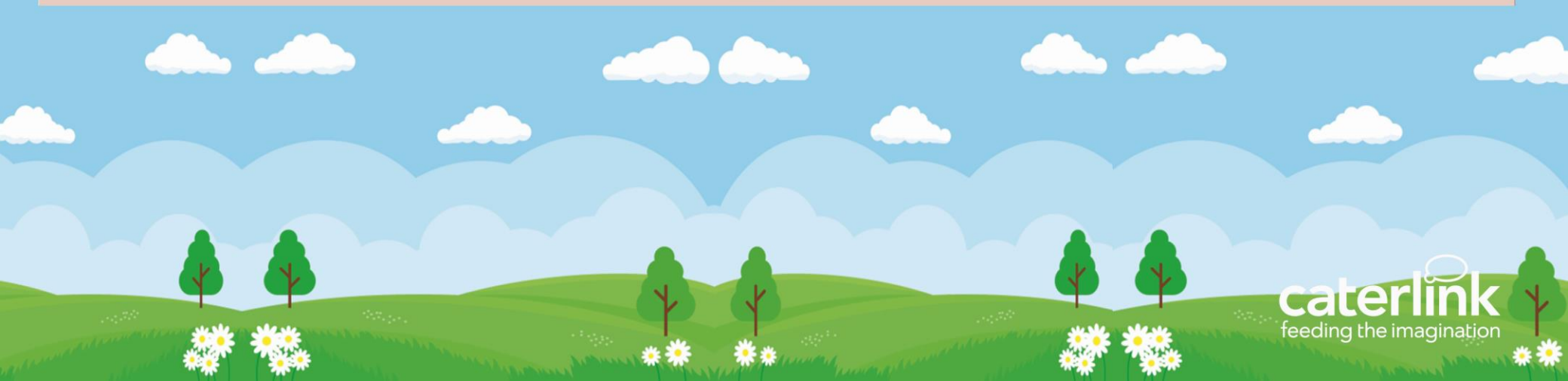
Low Income - Are you missing out? To check if you are entitled to Free School Meals entitlement ask at your school office.

RECRUITMENT

We are always looking for new talented team members, if you are interested in joining Caterlink or becoming an apprentice visit us through our web site. <https://caterlinkltd.co.uk/jobs-careers/> or email hrsupport@caterlinkltd.co.uk

ALLERGY INFORMATION

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross-contamination.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK ONE

30/10/2023
20/11/2023
11/12/2023
15/01/2024
05/02/2024
04/03/2024
25/03/2024

Option one	Cheese and Tomato Pizza with Pasta Salad	A choice of Burger (Beef & Bean or Vegan) with Toppings and Potato Wedges	Roast of the Day, Stuffing Roast Potatoes & Gravy	Spaghetti Bolognaise with Garlic Bread	Fishfingers with Chips & Tomato Sauce
Option two	NEW Chef Mariam's Vegetable Couscous		Veg Wellington, Stuffing, Roast Potatoes & Gravy	Veggie Bolognaise with Garlic Bread	Cheesy Bean Pasty with Chips & Tomato Sauce
Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
Dessert	Lemon Drizzle	Fruit Jelly with Mandarins	Freshly Chopped Fruit Medley	NEW Jam Sponge with Custard	Oaty Cookie

WEEK TWO

06/11/2023
27/11/2023
18/12/2023
22/01/2024
19/02/2024
11/03/2024

Option one	Tomato Pasta	Pork Sausage Roll with Potato Wedges	CHICKEN SHACK	Chef Shilpa's Chicken Korma with Rice	Fishfingers with Chips & Tomato Sauce
Option two	Cheesy Swirl with New Potatoes	NEW Loaded Jackets	A choice of BBQ or Lemon & Herb Chicken or Vegan Quorn, with Seasoned Potatoes and Salads	Veggie Meatballs in Tomato Sauce with Rice	Cheese Omelette with Chips & Tomato Sauce
Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
Dessert	NEW Carrot Cake	Apple Crumble with Custard	Fruit Medley	Chocolate Drizzle Cake with Chocolate Sauce	Vanilla Shortbread

WEEK THREE

13/11/2023
04/12/2023
08/01/2024
29/01/2024
26/02/2024
18/03/2024

Option one	NEW A choice of Tomato or Carbonara Pasta with Toppings	Mexican Beef with Rice	Sausages, Onions and Gravy with Roast Potatoes	Chicken Pie with Mashed Potatoes	Fishfingers or Salmon Fishcake with Chips & Tomato Sauce
Option two	THE Pasta KITCHEN	Vegetable Fajitas with Rice	Veggie Sausages, Onions and Gravy with Roast Potatoes	Macaroni Cheese	BBQ Quorn Fillet with Chips
Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
Dessert	Iced Sponge	NEW Chocolate Orange Cookie	Fruit Platter	Peach Upside Down Cake with Custard	NEW Melting Moment Biscuit

MENU KEY



Added Plant Power



Wholemeal



Vegan



Chef's Special

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Third Option Available Daily - Freshly Cooked Jacket Potatoes with a Choice of Fillings

Available Daily: Bread freshly baked on site, Fresh Salad Selection