



Celebrating learning together in faith, hope and love

1 Corinthians 13 v 13 - And now these three remain: faith, hope and love. But the greatest of these is love.

Friday 10th October

Headteacher's Hello

Dear Parents and Carers,

We are delighted to announce that we have recently become a 'Parkrun Primary'. Parkrun is a free community event where you can walk, jog or run 5k, or you can volunteer or spectate. It takes place every Saturday morning in local parks. Junior Parkrun is 2k dedicated to 4-14 year olds and their families, and takes place every Sunday morning. Parkrun is positive, welcoming and inclusive; there is no time limit and no one finishes last – everyone is welcome to come along. As a regular Parkrunner myself, I think this initiative is a great way to keep fit and spend time outside in our beautiful local parks.

As a 'Parkrun Primary', we are encouraging our families to come along to Moormead Junior Parkrun on Sunday 19th October to have a go at running the 2k course. Miss McAvoy and I will be there to cheer the children on. Please see the letter attached for more information for how to join in and participate.

Celebrating being a Parkrun Primary is a great way to kick off our Wellbeing Week, which will run from 20th – 24th October. We have a variety of wellbeing activities organised for the week. Please see later in the newsletter for further details.

Well done to Year 4 who did their class assembly yesterday all about The Romans. They gave an impressive performance having learnt all their lines off-by-heart and providing an assembly jam-packed with all the information they have learnt over the past few weeks, accompanied by a fantastic singing performance of their Roman song. We were very proud of all them for doing such a good job.

Next Thursday morning, we have the school photographer coming. They will be taking individual and sibling photographs.

We look forward to welcoming you all into school next week for our autumn term parent consultations. If you haven't booked an appointment to see your child's class teacher yet, please do so. These meetings are invaluable in maintaining good communication between home and school, and you will have a chance to see your child's work. Please refer to the letter that was sent out a couple of weeks ago for full details about the consultations.

A reminder that school closes early next Wednesday 15th October to accommodate the parent consultations: 14:05 for Reception class, 14:15 for Years 1 – 6.

Have a lovely weekend,

Miss Macklearn





Attendance and Punctuality

Whole school: 96.27%

A reminder that if a child is late arriving at school after the gate has closed, they must be signed in by the adult accompanying them to school.

In collective worship this week...

This week in collective worship, we talked about how small choices can make a big difference. We also learnt about inspirational role model, Floella Benjamin, as part of our Black History Month learning. On Thursday, we enjoyed Year 4's class assembly all about The Romans.

School News

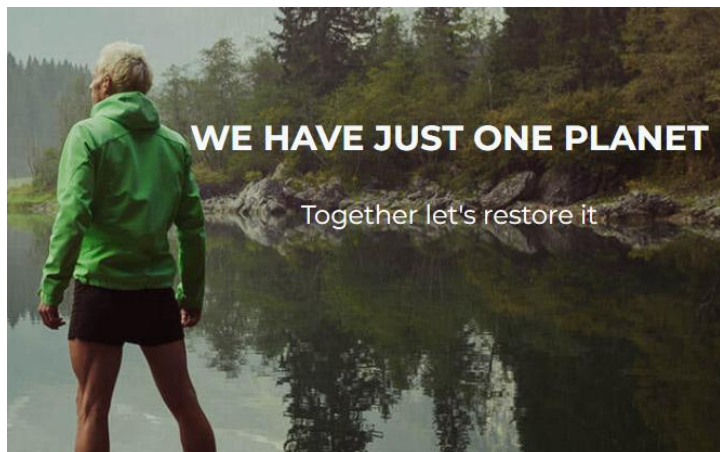
Just One Tree Day

As part of our school Wellbeing Week (20 – 25th October), we will be taking part in JUST ONE Tree Day on Friday 25th October. The importance of connecting with nature and the positive impact this has on our wellbeing is widely established. Similarly, making an intentional contribution towards helping others can contribute to our wellbeing.

JUST ONE Tree, an official partner in the UN Decade on Ecosystem Restoration supports reforestation projects in areas severely affected by deforestation such as Kenya, Madagascar, Mozambique & Brazil. In doing so they have the greatest positive effect on limiting global warming whilst simultaneously alleviating extreme poverty within local communities through the provision of training, agricultural education and sustainable incomes.

All children and staff are encouraged to wear their own clothes on Friday 25th October, including something green, and bring in £1 to fund the planting of their tree. JUST ONE Tree makes it simple for everyone to take collective action on the climate crisis because just £1 plants 1 Tree.

Please bring your suggested donation of £1 to school on Friday 25th October. More information can be found at: <https://www.justonetree.life/> We look forward to counting the number of trees that our school community can plant! Mrs English



Bishop Perrin C.E Primary School is an allergy-aware school

Donations for Harvest Festival

Next Wednesday 15th October, Reverend Helen will be leading us in our Harvest Festival celebration at 08:55 in the school hall. Parents and carers are welcome to join us – please let the school office know if you will be attending so we can manage numbers. For our Harvest Festival, we will be collecting items for [Whitton Foodbank](#). Donations can be made to school from Monday 13th – Wednesday 15th October, when they will be collected by the foodbank. Children can bring their items into school and drop them off in the school foyer before going down the path and into class. Suggested items that can be donated:

- Tinned items: chickpeas, kidney beans
- Soup
- Fruit/vegetables/chopped tomatoes
- Meat e.g. spam/corned beef/hotdogs/meatballs
- Fish e.g. tuna/mackerel/sardines/salmon
- Breakfast cereals (inc. oats, muesli)
- Coffee/tea
- Biscuits/savoury snacks
- Noodles/pot noodles
- Fruit juice/squash
- Ketchup
- Jam/marmalade/honey
- Cat/dog food
- Cleaning products and toiletries
- Washing powder/liquid/pods
- Washing up liquid
- Toilet rolls
- Nappies (especially larger sizes), baby wipes
- Children's toiletries (shower gel, shampoo, toothpaste and brushes)
- Female hygiene products (e.g. pads)
- Deodorant (M and F)
- Razors (M and F), shaving foam
- Toothbrushes and toothpaste
- Shampoo, conditioner, shower gel

No items containing nuts please, thank you

Celebrations and Achievements

Well done to the children who have earned a certificate this week:

CLASS	NAME
Year R	Bella
Year 1	Anaya
Year 2	Ivy
Year 3	Name
Year 4	Whole Class
Year 5	Alizah
Year 6	Cora

Infant class of the week: Year 1

Junior class of the week: Year 6



School Trips Payments / Permissions

Unless otherwise stated, children should wear school uniform for school visits (this includes school shoes). Children should bring a bag (school bag or other) to carry their packed lunch and water bottle in. Packed lunches should not contain any form of nuts (this applies to children and adult volunteers); no fizzy drinks or glass bottles. In the summer term, if the children are likely to be outside during their visit, please ensure that you apply sunscreen before they come to school and they wear a hat. If details vary to this, they will be provided below within the specific trip section.

Year 6 Residential – Bowles Rocks

Children visiting Bowles Rocks 22nd – 26th June 2026.

In order to secure a place for your child on this trip, please pay the non-refundable deposit of £100 per child to be paid by 1st October 2025. Payments to be made online only via your child's Arbor account. **Deposits are now overdue, please action this today or speak to the school office if needed.**

Year 6 School on the River

Year 6 will participate in the School on the River project on 13th November. Please note children will be back at the slightly later time of 3:45pm ready for usual collection or walking home as per agreements.

Please complete your child's consent and payment via the ARBOR app, within the trips section to ensure your child can attend by the 1st November.

Lunch - Please provide your child with a packed lunch for this trip or order a school provided one [here](#) by 1st November

Year 4 Roman Museum

On Thursday 23rd October 2025 Y4 will visit the Verulamium Museum in St Albans. They will travel to and from the venue via coach.

Please complete the outstanding payment and permission ASAP as this is now overdue. Please head to your child's Arbor account to complete this within the trips section.

Packed Lunch required.

Year 4 Into Film Festival

On Wednesday 26th November, Year 4 will visit Hounslow Cineworld as part of the Into Film Festival. The Into Film Festival aims to help educators bring learning to life for 5-19-year-olds across the UK by inspiring young people to watch, understand and make films in new and creative ways. The children will be watching: Double Bill: Tiddler & Tabby McTat.

Please complete the mandatory sign up/permission for this trip within your child's ARBOR account by the 20th November.

Travel update: Turing House School will be kindly giving us a lift to and from the venue via their mini buses.

Year 3 Butser Ancient Farm

On Tuesday 4th November 2025 Y3 will visit Butser Ancient Farm. They will travel to and from the venue via coach.

Please complete the payment and permission by the 20th October.

Please provide a packed lunch from home for this trip or order a school one [here](#) by the 20th October.

Year 1 Seasonal Walk

On Monday 20th October Year 1 will visit Heathfield Rec for a seasonal walk where they will be looking for signs of seasonal change.

We need some adult volunteers to help us please. We will be leaving school at 1:45pm and will be out for about an hour before returning to school. If you can help please let the office know. Thank you.

Church Visits

Class visits to St. Augustine's Church this term will be as follows:

Tuesday 7th October – Year 3
Tuesday 14th October – Year 2
Tuesday 25th November – Year 6

If you are available to walk with the classes on any of these dates, please contact the school office. Classes leave school at 9am and return by 10:30am.



Safeguarding, Wellbeing and Inclusion National Childhood Measurement Programme and Parent Portal Sign Up - Reception and Year 6

The Richmond School Nursing Team, will visit children in Reception and Year 6 on the 14th January to conduct the National Child Measurement Programme. An email was sent to you this week with details regarding this and information on how to sign up, and opt out if required, via the parent portal.

Introducing the Parent Portal (School Screener)

School Health Services will be using an electronic way of communicating with parents and carers through a secure web-based portal. Parents and carers of children in **Reception** and **Year 6** are being asked to register on the portal to receive information and register on the 2025-2026 National Child Measurement Programme and to opt out should you wish to, using the following link:

<https://wnr009.schoolscreener.com/Portal/#/36378/g/hSA52526>

It's a really quick process and all you need is an email address which you have access to. Using the drop-down menu, select your child's school. Once registered you can login and add your child/ren's details. We request that 4-6 weeks after the measurement has taken place you log into your School Screener account to view your child's result letter.

If you have any questions you would like to discuss or if your child has a medical condition that affects their height or weight, please contact the team using the details below:
Tel: 0330 058 1679

Email: clcht.0-19wandsworthandrichmondadmin@nhs.net

ParentingU: Autumn 2025 – referrals now open

ParentingU believe every family deserves access to safe, nurturing parenting support that respects both culture and safeguarding standards. Many parents complete domestic abuse or Freedom Programme sessions but still struggle with harsh parenting practices, unresolved trauma, or cultural shame. These challenges can leave families caught between cultural expectations and statutory requirements.

Our role is to bridge that gap. ParentingU offers culturally responsive, therapeutic programmes that help families move beyond awareness and into practical, safe parenting. By addressing cultural sensitivities and lived experiences, we empower parents to build healthier relationships and break intergenerational cycles.

View the groups on offer from ParentingU here.

If you have any concerns regarding the safeguarding of children who attend Bishop Perrin Primary School, these should be reported to the Designated Safeguarding Lead who is Miss McAvo. In her absence, concerns should be reported to the Deputy Designated Safeguarding Lead who is Miss Macklearn. The school's safeguarding governor is Mrs James.

If you have concerns about the safeguarding of a child during the school holidays, contact SPA directly on 020 8547 5008 or call the police if the child is in immediate danger.

Workshops for parents and carers about device use and screen time

Join the Richmond Parenting Lead for a video and interactive workshop to help you navigate your children's screen time and device use. To request a place email

[Tom Maybey, Richmond Parenting Lead](mailto:Tom.Maybey@richmondparentinglead.co.uk).

- Thursday 16 October 9.30 - 11.30am, Barnes Children's Centre, 67b Lower Richmond Road, SW14 7HJ

More information can be found on the following:

[Left to their own devices](#) - Barnes

Wellbeing Week – 20-24th October 2025 Healthy Hearts

A range of activities are planned for Wellbeing Week – Healthy Hearts. Children will be exploring ways to support their own healthy hearts, healthy bodies and healthy relationships.

Parents and carers are invited to join others for a social coffee morning on Wednesday 22nd October (8:45-9:30) to share recipes with others and to get to know each other. Sign up using the QR code later in the newsletter or using this link:

<https://forms.gle/7xHqjo5WWMpNxTm68>

Community Information

Mama G storytime

[Join Mama G for a joyful, interactive storytime](#) filled with original tales, catchy tunes and beloved picture books. Expect dancing and giggles as Mama G celebrates the magic of being yourself and embracing who you are. Perfect for children and families who love to sing, dance and dive into magical tales. Children must be accompanied by an adult.

Date: Wednesday 29 October 2025

Time: 11 to 11.45am

Location: Richmond Lending Library

Date: Wednesday 29 October 2025

Time: 2 to 2.45pm

Location: Twickenham Library

And finally...

A reminder that school closes early next Wednesday to accommodate the parent consultations:

- 14:05 for Reception class
- 14:15 for Years 1 – 6

Key Dates

AUTUMN TERM 2025	
Tuesday 14 th October	Y2 to St Augustine's Church
Wednesday 15 th October	Harvest Festival
	Early finish: Year R: 14:05 Year 1 – 6: 14:15
	Parent Consultations: 14:30 – 18:00
Thursday 16 th October	Individual and Siblings Photograph Day
	Parent Consultations: 15:30 – 19:00
Tuesday 21 st October	Flu Immunisations
Thursday 23 rd October	Y4 Roman Museum Trip
Friday 24 th October	JUST ONE Tree Day – non-uniform day, £1 donation, wear something green in support of this charity SA Second Hand Uniform Sale 15:15 School Playground
Monday 27th October – Friday 31st October	October Half Term – school closed
Tuesday 4 th November	Y3 Trip Butser Ancient Farm Trip
Wednesday 5 th November	Y5 Royal Albert Hall Trip (They will return to Bishop Perrin School at the slightly later time of 3:45pm - 4:00pm for collection.)
Thursday 13 th November	Y6 School on the River Trip (Please note children will be back at the slightly later time of 3:45pm ready for usual collection or walking home)
Tuesday 25 th November	Y6 to St Augustine's Church
Wednesday 26 th November	Y4 Into Film Festival - Cineworld
Thursday 27 th November	Year 6 class assembly
Friday 28th November	INSET day – school closed to pupils
Monday 15 th December	Christmas Pantomime in school
Friday 19 th December	Christmas Service at St Augustine's Church @ 12:30
Friday 19 th December	Last day of term, school closing early: Year R – 13:50 Year 1 – 6: 14:00
SPRING TERM 2026	
Monday 5th January 2026	INSET Day – school Closed
Tuesday 6 th January	School term starts for children
Wednesday 14 th January	YR & Y6 NCMP Checks – NHS School Nurse
Thursday 5 th February	Y1 Windsor Castle Trip
Monday 16th February – Friday 20th Feb	February Half Term – school closed



Healthy Hearts

Wellbeing Week

20th – 24th October 2025

What can you do to support your wellbeing this week and every week?

Healthy mind

Be optimistic
Notice your strengths
What keeps you calm?

Healthy body

Skipping and Junior parkrun
Singing
Eating well



Healthy relationships

How to be a kind friend
How to build positive relationships
How to communicate in friendships
PANTS





Healthy Hearts

Wellbeing Week Coffee Morning

Wednesday 22nd October 2025



Scan or click [here](#) to reserve a space

All welcome to join us for the first coffee morning of the school year.

Come along to meet other families, have a chat and get to know one another.

Please bring a favourite recipe to share!



Bishop Perrin C of E
Primary School Association

Second-Hand Uniform Sale



**CARDIGANS & JUMPERS £5
DRESSES £5
BP POLO SHIRTS £3
FREEBIE BOX**



DATE: FRIDAY 24TH OCTOBER



LOCATION: PLAYGROUND



TIME: 3:15PM

Contact us: BP5A.Uniform2nds@gmail.com



Cash & Card accepted

Protect your child from flu this winter!



For more information
on the Children's Flu
vaccine, search
"NHS Children's Flu"

Scan the QR code to
complete the Flu
consent form

Contact the Richmond
Immunisation team on
020 3691 1019



September 2025



BIMA
BRITISH ISLAMIC
MEDICAL ASSOCIATION

FLU VACCINATION GUIDANCE

Why is it beneficial to get vaccinated?

- 1** You will help **protect yourself** from the possible severe complications which can be caused by flu. A flu vaccine can reduce the risk of getting sick by around 30-60%, and prevent children being admitted to hospital because of flu. You may still get flu after a vaccine but it is likely to be milder and not last as long.
- 2** Being vaccinated means you can reduce the pressures on healthcare services by lowering GP and A&E attendances and by **reducing hospital admissions**.
- 3** **Reduce the chance of flu outbreaks** and protect the most vulnerable who are at high risk.



What does Islam say?

Islam promotes the idea that the rights upon us extend to the people around us. The Prophetic teachings encourage us to be kind and make us aware that we should consider the implications of our actions. If you are young and healthy, you may not be severely affected by the flu but **you could pass it on to someone who is vulnerable**.

When it comes to choosing whether or not to vaccinate, it is important that we are empowered by the altruistic values our faith gifts us to make an informed and considerate choice.



Not vaccinating could put yourself, your children, and others at risk

Do all flu vaccines contain pork gelatine?

No, there are two main types of flu vaccine:

1. The injectable vaccine **DOES NOT** contain porcine (pork) derived product and is **offered to adults**.
2. The nasal spray vaccine offered to children **DOES** contain porcine derived product.

Can Muslim parents choose which vaccine their child gets?

Yes, parents can choose to have the same injectable flu vaccine that is given to adults for their children, on the basis of religious objection. When asked to sign a consent form, let your vaccination service know your choice is because of the porcine gelatine in the nasal spray vaccine.

Most children are offered the nasal spray vaccine which is easier to administer and it may be better at preventing the spread of flu. Ask your doctor for further details so your child receives the most suitable vaccine. **Please consult a trusted scholar regarding permissibility as Islamic scholarly opinions differ.**

Where can I get a flu vaccine?

The flu vaccine should be available in schools, GP surgeries, pharmacies and other venues your local health team may advertise. Those eligible include **most children, older adults (aged 65+), those with certain health conditions and pregnant women**. Don't miss out.

   @BritishIMA  @british.ima

www.britishima.org/advice/flu

Last updated: May 2025. See [NHS.uk](https://www.nhs.uk) for latest advice.



SHOULD MY CHILD HAVE THE NASAL FLU SPRAY?

Influenza (or flu) is a common and highly infectious disease caused by different strains of the Influenza virus.

Each year vaccines are updated so that they protect against the commonest strains of flu, **saving thousands of lives.**

A flu vaccine can reduce the risk of your child getting sick by **30-60%**, and prevent children being admitted to hospital because of flu.

It will also reduce the chance of vulnerable people, such as grandparents or those with long term health conditions, getting flu from your child.



THERE ARE TWO TYPES OF VACCINES IN THE UK THAT PROTECT AGAINST FLU



1. NASAL SPRAY VACCINE

This will be offered to most school aged children, some pre-school children, and to children of any age with certain long-term health conditions. It is easy and quick to give.

The nasal spray vaccine **contains porcine (pork) gelatine.**



2. INJECTABLE VACCINES

All adults are offered this type of vaccine. Some children who cannot have the nasal spray because it is medically unsuitable will be offered this vaccine only.

The injectable vaccines **do not contain porcine derived products.**

Vaccination is a strong defence against a virus which causes severe illness and deaths every year



Young children, pregnant women, older people, and anyone with low immunity or certain health conditions (such as diabetes, heart or lung problems) are at higher risk from getting very sick with flu

Please do not delay a decision to vaccinate.

It is acknowledged by the NHS and public health that groups within British Muslim communities consider any porcine containing products to be forbidden, regardless of chemical transformation, whilst some allow it.

Children whose parents decline the nasal spray vaccine due to the porcine gelatine content **can request the injectable vaccine as an alternative.** This injection, which is also for adults and elderly, **has no porcine gelatine.**

Speak to a trusted religious scholar about having the nasal spray for your child if you have concerns about it's porcine gelatine content.



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Christmas Card Competition 2025



We invite local children to design a Christmas card for the Priory LM annual Christmas Card Competition. The winning design will be made into our 2025 Christmas card to be sent to our Clients and Tenants this Christmas and will be displayed on our social media.

The competition is open to all local children.

Brief: A photograph or artwork inspired by the theme **THROUGH THE WINDOW**. The artwork may be any medium but must be submitted as Landscape high-resolution JPEG file.

(Please note the card will be 21cm x 9.5cm, please take this into account for your design)

Submissions to be made by email to lettings@priorylm.com marked "Christmas Card Competition 2025" as the subject.

Please be sure to include the following details with your submission:

Child's Name:

Age:

School or local Charity Contact details for donation:

Parent Contact details:

Prize: The winning child will be named on the back of the card and receive a £50.00 voucher of their choice and 10 printed cards of their design to send to their own family and friends.

In addition, we will donate £250.00 to your school or local charity of your choice.

Runners up will be displayed in our office window over the Christmas holidays

Cards will be judged by our staff, who will be looking for a card that encompasses the joy of Christmas.

Deadline for submissions: 12th November 2025

Tel: 020 8940 4555

Website: www.priorylm.com

Instagram: @Priory_LM



Languages Open Hearts and Minds: *design a poster!*

Small prize for every entry and best ones will be entered for National Competition!!

Please give entries to your class teacher/
Señora Poleviou by **Weds 15th October**

Your piece could be based on any of the following ideas...

- How do languages make you feel?
- How do languages bring us together?
- How do languages help us understand other cultures?
- Who do you love? Can you express this in another language?
- What languages do you speak?
- Why are languages important?
- Why should we learn languages?
- What sort of jobs could you do if you speak more than one language?

Collect a template from Señora Poleviou / your class teacher to help you design your poster

Try to write in a different language!



RICHMOND PARENT CARER FORUM

Coffee Morning

For parent carers of children and young people with Special Educational Needs and/or Disabilities (SEND)

When: 10am-11.30am, Monday 13th October

Where: The Patch, 42 York Street, Twickenham TW1 3LJ

Hear about what's happening in the local area and share your experience of services for families with SEND.

Refreshments will be provided and we'll have our SEND lending library with a variety of books and resources to borrow. All parent carer welcome!



Please let us know that you'll be coming along by following this **[booking link](#)** or emailing us at **information@richmondpcf.org.uk**

Book Here:



Not a Richmond PCF Member yet?
Becoming a member is easy and FREE!

Membership is open to anyone who has a child with SEND aged 0-25 that lives or accesses services in Richmond.

Who we are, what we do

We are an independent group of parent carers who have come together to ensure that ALL parents are able to have their say in the planning of local services. We don't provide SEND services, but bring parents' voices to those that do.



Giving families with SEND a voice

www.richmondpcf.org.uk information@richmondpcf.org.uk

**Sign up
now!**

Guitar Lessons with RMT

Are you interested in learning guitar?

RMT Lessons are available at your school!

Lessons take place weekly in term time with an accomplished and enthusiastic Guitar Teacher.

Perfect for children in Year 3 onwards!

For more information & to apply, go to:
www.richmondmusictrust.org.uk

