



Celebrating learning together in faith, hope and love

Hebrews 11 v 1 - Now faith is confidence in what we hope for and assurance about what we do not see.

25/10/2024

Headteacher's Hello

Dear parents and carers,

It has been a wonderful wellbeing week at school this week. The children have taken part in a range of mindful activities and workshops learning about strategies to support their emotional and mental wellbeing. Thank you to Miss McAvoy and Mrs Rogerson who have organised this week.

Year 6, Year 1 and Year 4 have all been out and about this week. Year 6 were in Teddington at 'Schools on the River', learning all about the environmental issues affecting river quality. Year 1 took a nature walk around Heathfield Rec, looking for signs of the changing seasons. Year 4 are visiting the Verulamium Museum in St. Albans today, as part of their learning about the Romans.

We welcomed Colin Squire (founder of Squire's Garden Centre) back to Bishop Perrin School earlier this week. He came in to talk to Year 1 about his experiences of being a pupil at Bishop Perrin School in the 1940s, to help the children with their learning about the history of their school. He thoroughly enjoyed the experience and the children had lots of questions for him!

We had a well-attended School Association AGM on Wednesday evening, with a new committee voted in for 2024 - 25. My thanks to the outgoing committee for the hard work and contributions to the SA over the past couple of years. We welcome the new trustees and committee members to the School Association, and we look forward to the exciting fundraising events they planned for the coming year.

Our first Parent Forum of the new school year will take place on the morning of Friday 22nd November. Invitations for class reps and details of the meeting will be in the our next newsletter after half term. Please consider if you would like to be part of this forum and represent your child's class. Information about the [Parent Forum](#) can be found on our school website.

Just a reminder that after half term, the children need to be wearing their winter school uniform. Details of this can be found in the [school uniform policy](#) on the school website.

We are not at school next week as it is half term. We look forward to seeing the children back on Monday 4th November. The [term dates](#) for the school year 2025 – 26 have now been approved and are published on our school website.

Have a lovely weekend and an enjoyable half term break!

Miss Macklearn





Newsletter

Attendance

Friendship: 93.70% Endurance: 98.16%, Peace: 97.05%, Forgiveness: 96.69%, Reverence: 94.10%, Service: 98.52% and Justice: 94.89%
Whole school: 96.18%

In collective worship this week...

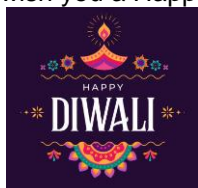
On Monday, we talked about our wellbeing. The children were introduced to 'five ways to wellbeing' before enjoying a range of activities across the week:



Over half term, please use the resources provided in this newsletter and in last week's newsletter to model to your children how to embed these practices into daily life. We have been impressed by how the children have reflected on what they can do to support their own wellbeing and will continue to support this.

After half term, we will be appointing two Wellbeing Ambassadors and Anti-Bullying Ambassadors from Years 3-6. If your child would be interested in either of these roles, please encourage them to write a short note to Miss McAvoy and Mrs Rogerson to express their interest.

On Tuesday, we talked about Diwali – the festival of lights which will be celebrated by Hindu, Sikh and Jain people all over the world and in our community. If you are celebrating Diwali next week, we wish you a Happy Diwali.



On Thursday, Mr Nimmo (school governor) led a worship in which the children considered what it means to have faith, a key aspect of our school vision.

School News

We're Hiring!

We are currently advertising for a new Welfare Assistant to work in school on Thursday and Friday each week. Please see [here](#) for details of the job advertisement.

Message from the Chair of Governors – FGB, 24.10.24

The governors met yesterday. We said farewell to Mrs Panesar who has served as an associate governor for several years. I am sure that you will share our gratitude for her service both as a governor and, prior to that, as an active member of the School Association.

Miss Macklearn shared with governors the work the school has undertaken to revisit the school vision, in preparation for the forthcoming SIAMS visit. This was well received and governors believe that the evidence presents a positive outlook for the visit.

The SEDP (School Evaluation and Development Plan) for 24/25 was presented to governors; this provides the board with details of the school's progress against the objectives for this year.

We were pleased to hear that there was a positive response to the parent consultations last week, and teachers were pleased to welcome so many visitors.

On Wednesday the School Association (SA) held their AGM. We would like to thank the outgoing committee for all their work last year, both in raising funds and reviewing the SA constitution and governing documents. We would also like to welcome the new SA Committee and look forward to seeing you at future events.

Individual and siblings school photographs

The school photographer was in on Monday morning, taking individual and siblings photos. In a change to usual proceedings, we are proposing to invite them back in the spring term to take class photos, and then back again in the summer to take a whole school photograph, if this can be arranged. This will mean that we are no longer able to facilitate team photos (for sports teams), however, we will make sure that team photos are taken at the tournaments and league matches as an alternative.

Celebrations and Achievements

Well done to the children who have earned a certificate this week:

CLASS	NAME
Friendship	Artemis
Endurance	Gideon
Peace	Annabelle S
Forgiveness	Annabelle B
Reverence	-
Service	Matthew P
Justice	Reuben



School Trips Payments / Permissions

Unless otherwise stated, children should wear school uniform for school visits (this includes school shoes). Children should bring a bag (school bag or other) to carry their packed lunch and water bottle in. Packed lunches should not contain any form of nuts (this applies to children and adults); no fizzy drinks or glass bottles. If details vary to this they will be provided below within the specific trip section.

Autumn term church visits

Each class will visit St. Augustine's Church this term. Please see remaining dates below:

5/11/24 – Year 2

12/11/24 – Year 1

19/11/24 – Year 3

If you are available to walk with the classes on any of these dates, please contact the school office. Classes leave school at 9am and return by 10:30am.

Whole School

The whole school will be attending a Christmas pantomime, Cinderella, at The Exchange, Twickenham, on **Wednesday, 18th December 2024, at 1pm**. More details to follow.

Please note, due to the time of the pantomime, we have had to move the time of our **infant nativity** performance from the afternoon of Wednesday 18th December, to **1:30pm on Monday 16th December**; and the **Reception Christmas carol performance** will now be on **Tuesday 17th December 2:30 – 3pm**.



School meal next term

Our updated school menu, which will begin after half term, is now available! You can view the new menu on our [school website](#).

Community information

The Friends' Pain Clinic naming and art competition

The local NHS is planning a new 'Pain Clinic' at Teddington Memorial Hospital to help people in the community improve their quality of life and well-being. The Friends of Teddington Memorial Hospital need help to name the brand-new Pain Clinic and its six treatment rooms and provide excellent art to decorate the rooms. Names and artwork should reflect what makes the 'Pain Clinic' special and what it stands for in our community.

Competition open to children living or at school in Richmond Borough in Years 3, 4, 5 and 6. Closing date 3 November 2024. [Entry and rules](#).

Safeguarding, Wellbeing & Inclusion

Flu vaccinations

It's that time of year again, when children can receive their annual flu vaccination. This vaccination is recommended to help protect your child against flu. Flu can be an unpleasant illness and sometimes causes serious complications. Vaccinating your child will also help protect more vulnerable family and friends by preventing the spread of flu. Vaccinations will be administered in school on Thursday 28th November. Last week you will have received a letter to complete consent if you wish to allow for your child's flu vaccine to be administered at school. If you do not provide your consent, your child will not receive the vaccine. You can find out more information [here](#).

Wellbeing coffee mornings

Miss McAvoy and Miss Rogerson will be hosting a series of coffee mornings for parents and carers. Each session involves some input from a professional and then time for parents and carers to share experiences and support one another. It is an encouraging and safe space to build relationships with other families in the school community and all are welcome, particularly families who are new to the school.

Please register your interest [here](#) for upcoming events:

- Wednesday 6th November: MHST – building confidence and resilience
- Tuesday 3rd December – TBC

If you have a suggestion for a speaker or theme for a future coffee morning, please contact Miss McAvoy or Mrs Rogerson.

MHST – ‘Helping Children With...’ workshops

Please see below for details of upcoming MHST webinars for parents to support children with a range of topics including worries, resilience, friendships, challenging behaviours, screentime, sleep and transitioning to secondary school. You can use the QR code to register your interest and to receive the online links. If you do attend a session, please share your experience with Miss McAvoy to support building awareness.



Updating contact information

Please ensure that if there are any changes to contact information or addresses and emails for key adults, the school office is notified immediately.

Skylarks



This local independent charity offers a range of activities for children with additional needs, their siblings and parents/carers, both online and face-to-face. They run sessions on Tuesdays and some Fridays in term time at the Crossway Centre in Twickenham. They also offer other activities in a variety of locations and via Zoom on other days and during the holidays. They will be opening a centre in Hounslow in autumn 2024. You can book all activities via the What's On section of the [website](#). Please register by clicking the purple REGISTER button in the top right corner to access their support and to receive the weekly e-newsletter. Activities are open to families who have children with any additional needs from anywhere and are free of charge.

Young Carers

Young carers are children and young people under the age of 18 who are taking on practical and/or emotional caring responsibilities normally expected of an adult, and can include anything from cooking, shopping and housework to administering medication, assisting with personal care such as washing or dressing, interpreting, physical support such as lifting and even emotional support or looking after younger siblings.



Richmond Young Carers are another local charity who support this group of young people and their families. If you would like your child to be referred, please contact Miss McAvoy.

If you have any concerns regarding the safeguarding of children who attend Bishop Perrin CE Primary School, these should be reported to the Designated Safeguarding Lead who is Miss McAvoy. In her absence, concerns should be reported to the Deputy Designated Safeguarding Lead who is Miss Macklearn. The school's safeguarding governor is Lucy James. If you are concerned about the safety of a child outside of school hours, please contact the police if the child is in immediate danger, or Richmond and Kingston Single Point of Access (SPA) on 020 8547 5008.

Man and Boy



MAN&BOY offer a number of opportunities designed to build trust and confidence between men & boys, to create strong and positive relationships. The video on their website gives you a flavour of how MAN&BOY works. MAN&BOY currently operates in South West London and the Surrey areas.

Opportunities include: Weekend camping adventures, 6-week 'MAN&BOY' Relationship Building Courses - Climb and Connect courses, mentoring for fathers and reunion events for participants throughout the year.

And finally...

Thursday 21st November will be Year 6's class assembly. This will be held in the school hall at 8:55am. Parents and carers are welcome to attend.



Bishop Perrin C of E
Primary School

THANK YOU

Parents and carers for your presence at the AGM.

We have voted in a new SA Team, approved the schools standard wish list and parents have come forward to volunteer for specific events.

If you would like to help in anyway please do get in touch.



Cat, Hannah, Tara, Ed and Jaspreet



FIVE SENSES NATURE SCAVENGER HUNT

Tick each item off your list as you find it.

SIGHT

- ☒ Find something white
- ☐ Find something patterned
- ☐ Find something tiny
- ☐ Find something heart shaped
- ☐ Find something long
- ☐ Find five of the same thing

SOUND

- ☐ Find something that snaps
- ☐ Find an animal sound
- ☐ Find a soft sound
- ☐ Find something that crunches
- ☐ Find something loud
- ☐ Find something to make music with

TOUCH

- ☐ Find something bumpy
- ☐ Find something wet
- ☐ Find something warm
- ☒ Find something soft
- ☐ Find something prickly
- ☐ Find something smooth

SMELL

- ☐ Find a flower with a scent
- ☐ Find a smell you like

TASTE

- ☐ Find something humans could eat
- ☐ Find something an animal would eat

Engage the five senses...

NATURE SCAVENGER HUNT

Wellbeing Bingo

Have a go at playing our wellbeing bingo and see if you can find people to play with you or try it later with your friends and/or family.

In the past week I have...

Sung in the shower 	Played with a furry friend 	Had a good sleep 	Spent some time with my family/friends 
Listened to my favourite tune 	Read a good book 	Watched a great movie/TV show 	Eaten something delicious 
Done some exercise 	Stayed hydrated 	Drawn a picture 	Laughed until my cheeks hurt 
Spent some time in a park 	Danced 	Treated myself 	Visited somewhere new 

Illustrations by Jen Springall

GET MOVING

For good mental health

Exercise Storyboard

Can you make your own exercise routine? Write or draw your exercises in order and then see if you can follow it every day.

1

2

3








4

5

6

Examples
Touch your toes, star jumps, crab walking, jogging on the spot, frog jumps, hopping, balancing on one leg, arm circles, dance moves, lunges, sit ups, and jumping on the spot (Ask your adult to demonstrate).

Fill in your facial expression for each day you did your routine.

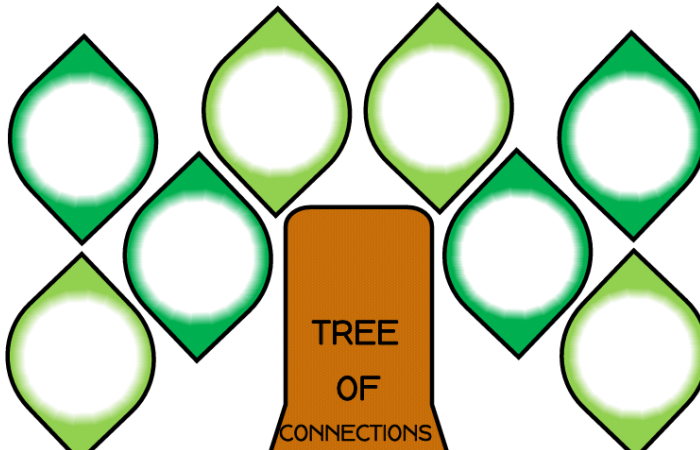
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						

elsa sport Mental health week

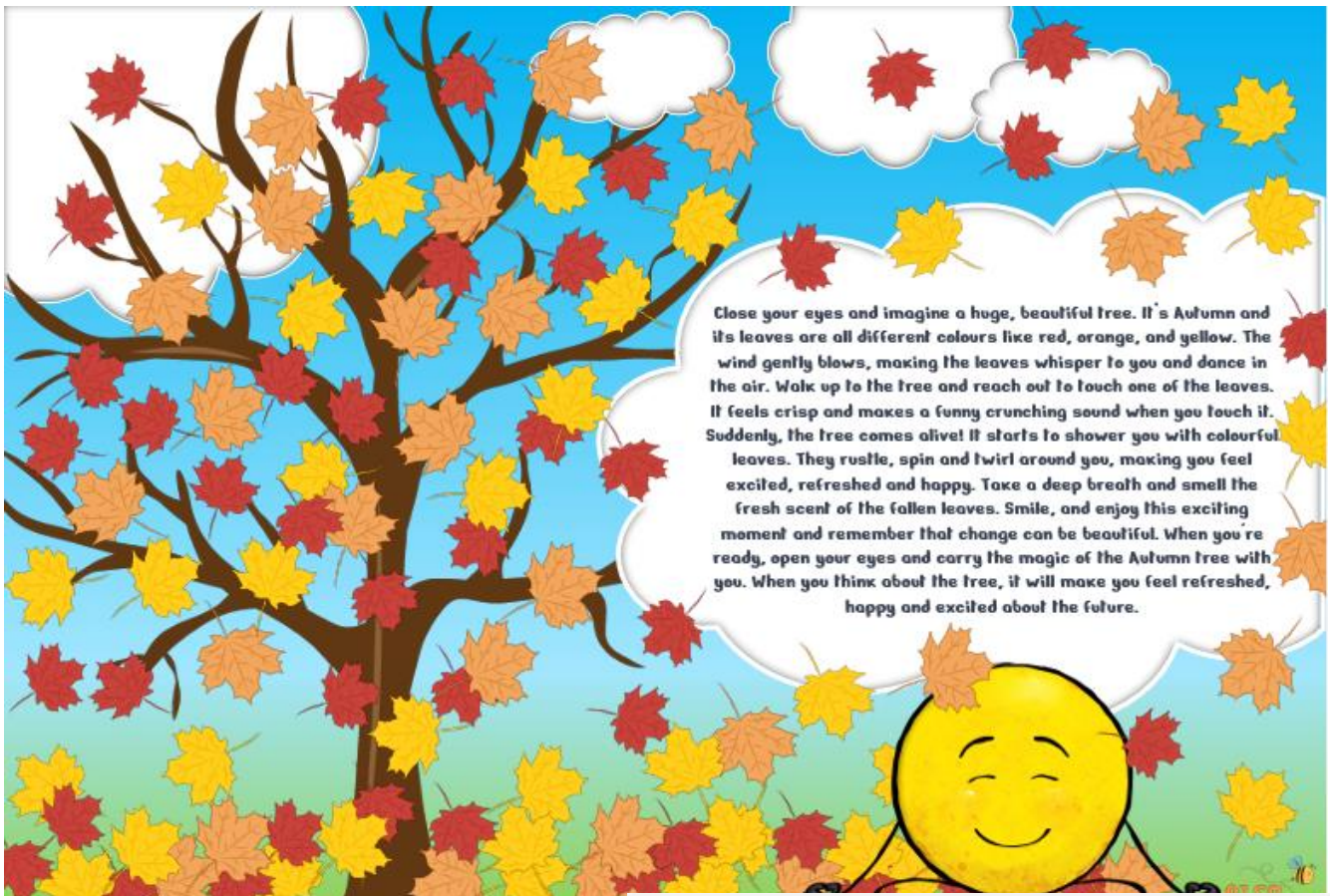
Refreshed, happy and excited

What makes you feel refreshed, happy and excited? Write or draw in the leaves. You can colour in the smaller leaves.

Tree of connections
Who do you connect with? Write or draw their picture on a leaf and stick it to your connections tree.



TREE OF CONNECTIONS



Close your eyes and imagine a huge, beautiful tree. It's Autumn and its leaves are all different colours like red, orange, and yellow. The wind gently blows, making the leaves whisper to you and dance in the air. Walk up to the tree and reach out to touch one of the leaves. It feels crisp and makes a funny crunching sound when you touch it. Suddenly, the tree comes alive! It starts to shower you with colourful leaves. They rustle, spin and twirl around you, making you feel excited, refreshed and happy. Take a deep breath and smell the fresh scent of the fallen leaves. Smile, and enjoy this exciting moment and remember that change can be beautiful. When you're ready, open your eyes and carry the magic of the Autumn tree with you. When you think about the tree, it will make you feel refreshed, happy and excited about the future.

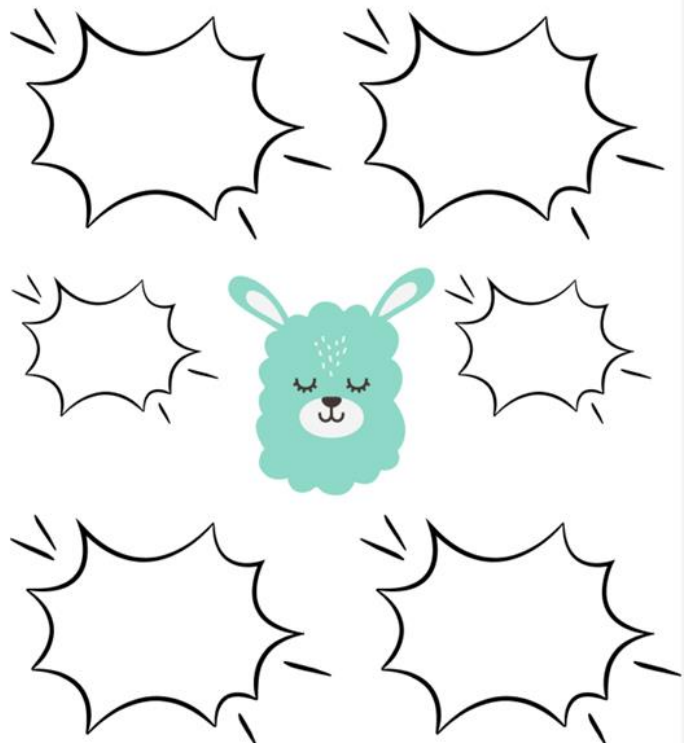


Llama Calma Potion

What would you put into your llama calma potion?
What makes you feel happy and relaxed?



Write or draw things that help you
feel calm



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HOW DO I BOOK MY CHILD?

01276 21884
(Mon-Fri 9.30am – 6.00pm)

koosakids.co.uk
Book online 24/7

WE'RE SOCIAL!



HOW MUCH DO THE HOLIDAY CLUBS COST?

ACTIVITY PACKAGE	DAILY	WEEKLY (8% DISCOUNT)
Standard Activity Day – 10.00am to 4.00pm	£27.00	£124.20 (Save £10.80)
Standard Activity Day with AM Extension – 8.15am to 4.00pm	£29.00	£133.40 (Save £11.60)
Standard Activity Day with PM Extension – 10.00am to 6.00pm	£29.00	£133.40 (Save £11.60)
Standard Activity Day with AM and PM Extension – 8.15am to 6.00pm	£30.00	£138.00 (Save £12.00)



WHERE AND WHEN ARE THE HOLIDAY CLUBS OPEN?



	VENUE	OCTOBER 2024	CHRISTMAS 2024	FEBRUARY 2025
BERKSHIRE	Birch Hill Primary School, Bracknell	28th October to 1st November	2nd to 3rd January	17th to 21st February
	The Heights Primary School, Caversham	28th October to 1st November	2nd to 3rd January	17th to 21st February
HAMPSHIRE	Alderwood Infant School, Aldershot	28th October to 1st November	2nd to 3rd January	17th to 21st February
	Portway Infant School, Andover	28th October to 1st November	2nd to 3rd January	17th to 21st February
	Court Moor School, Fleet	28th October to 1st November	2nd to 3rd January	17th to 21st February
	Hook Infant School, Hook	28th October to 1st November	2nd to 3rd January	17th to 21st February
	Liphook Junior School, Liphook	28th October to 1st November	2nd to 3rd January	17th to 21st February
RICHMOND & KINGSTON	Castle Hill Primary School, Chessington	28th October to 1st November	2nd to 3rd January	17th to 21st February
	St. Mary's Hampton Primary School, Hampton	28th October to 1st November	2nd to 3rd January	17th to 21st February
	King Athelstan Primary School, Kingston	28th October to 1st November	2nd to 3rd January	17th to 21st February
	Teddington Sports Centre, Teddington	28th October to 1st November	2nd to 3rd January	17th to 21st February
	Whitton Sports Centre, Whitton	28th October to 1st November	2nd to 3rd January	17th to 21st February
SURREY	Ashford Park Primary School, Ashford	28th October to 1st November	2nd to 3rd January	17th to 21st February
	Wallace Fields Infant School, Epsom	28th October to 1st November	2nd to 3rd January	17th to 21st February
	Busbridge Junior School, Godalming	28th October to 1st November	2nd to 3rd January	17th to 21st February
	St. Joseph's Primary School, Guildford	28th October to 1st November	2nd to 3rd January	17th to 21st February
	Shottermill Junior School, Haslemere	CLOSED	2nd to 3rd January	17th to 21st February
	Danetree Primary School, West Ewell	28th October to 1st November	2nd to 3rd January	17th to 21st February
	Manby Lodge Infant School, Weybridge	28th October to 1st November	2nd to 3rd January	17th to 21st February
	Knaphill Lower School, Woking	28th October to 1st November	2nd to 3rd January	17th to 21st February

+ Siblings only

EXCEPTIONAL VALUE ★ OUTSTANDING QUALITY ★ UNLIMITED FUN

HELLO HALF TERM!

October

**SUN
27**

**COMEDY CLUB 4
KIDS, 2 PM**

**ADVENTURES OF
BARON
MUNCHAUSEN, 2 PM**

**TUES
29**

**WED
30**

**E.T. THE EXTRA
TERRESTRIAL, 2 PM**

**RAPUNZEL STORY
TELLING WORKSHOP
10. 30 AM & 1.30 PM**

**THUR
31**

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THE EXCHANGE