



17/5/2024

Headteacher's Hello

Dear parents and carers,

We are so proud of Year 6 who have worked very hard this week to complete their SATs. They have approached the week calmly and maturely and we know they will have done their very best. Thank you to all the staff who have supported and helped the children prepare for this week. Well done Year 6!

We are looking forward to welcoming many of you to our Open School morning next Thursday, 9:00 – 11:00, starting with a welcome talk and a performance from the choir in the hall. Admission to the school to visit classes is from 9:20am. Please see the attached letter for further information and a schedule of the performances. As per the letter, today your child will be bringing home a ticket for entry to the Open School morning. A ticket admits one person. Please keep this ticket safe and bring it along on the day, as admission to the school to visit the classes is by ticket only. If anyone requires help / support with accessibility, please let us know in advance.

You may have been made aware that there is currently a photo circulating on social media showing a nail being welded to a slide and swing in a public park. Park Services for Richmond and Wandsworth Council have been inundated with enquiries about this. They have viewed the photo, and at this stage do not recognise it to be a local playground; it appears this playground is actually in Oxfordshire. The police are aware of this incident, and whilst there are no local concerns at this stage, they ask that parents and carers remain vigilant when attending their local parks. If you do have any issues or concerns then please contact 101, or in an emergency contact 999. Please see the letter attached from the Metropolitan Police about water safety reminders to be mindful of over the summer time.

Thank you to the parent forum reps who met this morning. We had a positive and productive meeting; thank you for all your contributions. Minutes from the meeting will be shared on our website in due course.

Have a lovely weekend,

Miss Macklearn





School News & Attendance

Attendance

Friendship 95.24%, Endurance 96.34%, Peace 96.67%, Forgiveness 96.68%, Reverence 94.14%, Service 96.68% and Justice 96.97%.

Class and group photos

On Monday, the school photographer will be visiting to take class photos and group photos. All children should come to school in their school uniform. Those children who have PE that day should bring their PE kit in and they will change for their lesson. Children who have been in the girls' and boys' football team, and those who have been selected for the Borough Sports team should also bring their PE kit in for their team photo.

We are hiring!

Please click [here](#) see our advert for a Spanish teacher to join our team from September 2024.

Year 6 SATs Picnic

Year 6 have really impressed us this week with their hard work and determination to do well in their SATs. As a well-deserved treat, we will be going to Heathfield Recreational Ground for a picnic and games.

The weather has been very changeable so it has been hard to pin down an afternoon where we can guarantee no rain. However, we are going to plan to go on Thursday 23rd May from 12.15-2pm. Please provide your child with a packed lunch and suitable outdoorwear, or you can order a school trip lunch [here](#) at no cost. They will wear their PE kits as usual. They may also bring a picnic blanket, frisbee, small ball (e.g. tennis ball or sponge ball)/games to play. Please do not send footballs as we will bring a couple from school. Many thanks, Miss Sweeney

Year 6 Design and Technology

Year 6 are going to be making their own moving fairground rides. Please could you send in any boxes/card you may have at home. Items like cereal boxes/delivery boxes would be ideal. Many thanks, Miss Sweeney

Swimming gala

Please send back your child's permission slip for the swimming gala by next Thursday. We will be allocating races on Friday. All children are expected to participate in a race, with races in the small pool designed for children who may lack confidence.

School Trips

Unless otherwise stated, children should wear school uniform for school visits (this includes school shoes). Children should bring a bag (school bag or other) to carry their packed lunch and water bottle in. If details vary to this they will be provided below within the specific trip section.

Bocketts Farm – Year R

Reception Class will be visiting Bockett's Farm on Monday 17th June. Payment and permission is live on the SCOPAY system. Please ensure your payment and permission is complete by 31st May. Please bring a packed lunch from home or you can order a school trip lunch [here](#) at no cost. If ordering a school provided trip lunch please complete this by 3rd June. We will require an adult volunteers for this trip, please let the school office know if you are available to help.

Barnes Wetland Centre – Year 1

Year 1 will be visiting Barnes Wetland Centre on Friday 21st June. Payment and permission is live on the SCOPAY system. Please ensure your payment and permission is complete 31st May. Please bring a packed lunch from home or you can order a school trip lunch [here](#) at no cost. If ordering a school provided trip lunch please complete this by 12th June. We will require adult volunteers for this trip, please let the school office know if you are available to help.

Orange Tree Theatre trip and workshop – Year 5

On the 21st May, the Orange Tree Theatre will visit Year 5 at school and lead a workshop in the school hall, linked to their previous learning on Shakespeare. This will be followed by a trip to the Orange Tree Theatre in Richmond on the 11th June to watch a production of Hamlet. The cost of this trip is being covered by the School Association donations. Parents will need to give permission for children to take part in the trip via SCOPAY. Please bring a packed lunch from home or you can order a school lunch [here](#) at no cost. Please order by Friday 31st May. Please ensure your permission is complete by Monday 3rd June.

Library Visits

All classes will be visiting Whitton Library over the course of the summer term. This is a local trip, so permission slips are not required. Please let the school office know if you are available to accompany Reception, Year 1 or Year 2 for their visits. Children are welcome to bring their own library card with them to borrow a book. For 10am visits, please arrive at school for 9:30am and for 2pm visits, please arrive for 1:30pm. Thank you.

- Tuesday 21st May at 10 am: Year 2
- Tuesday 4th June at 10 am: Year 6
- Monday 10th June at 10 am: Year 5
- Tuesday 25th June at 10 am: Year 3
- Tuesday 2nd July at 10 am: Year 4
- Tuesday 9th July at 2pm: Year 1
- Tuesday 15th July at 10 am: Reception

Celebrations and Achievements

Celebration certificates:

CLASS	
Friendship	Ciáran
Endurance	Jasmine
Peace	Ardeshir and Mahbod
Forgiveness	Joseph
Reverence	Alexi
Service	Harry
Justice	Whole class



Safeguarding, Wellbeing & Inclusion

Mental Health Awareness Week



The theme for Mental Health Awareness Week this year has been 'Movement: moving more for your mental health'. At school children engage in at least two hours of PE each week with movement breaks built into the daily schedule. This includes The Daily Mile, dancing, sensory breaks, large and small movement on climbing apparatus and time in nature. Here are some top tips to support more movement in family life: set small, achievable goals; find the fun; connect with others; remember that movement looks different for everyone – don't compare yourself to others; be mindful about your movement; move in nature; try something new; plan things to look forward to; listen to music. Please see [here](#) for more ideas and information.

Family Support and Wellbeing Coffee Morning:

We are fortunate to have access to our local Mental Health Support Team who are doing excellent work in school supporting our children and families. This support is available to everyone. Please click [here](#) to find out more and contact Miss McAvoy or Mrs Rogerson if this is something that would be helpful for you.

Coffee mornings will take place from 8:45-9:30am in the school library on the following dates...

- **Wednesday 5th June:** Arleta - Children's Wellbeing Practitioner will deliver a short session about building you child's self-confidence
- **Monday 15th July:** content TBC based on ideas expressed by attendees

Please click [here](#) to indicate that you will be attending.



Playground safety at end of day

A polite reminder that due to the busy nature of the playground at pick-up time at the end of the day, bikes and scooters are to be walked off the premises, not ridden. Thank you for your cooperation.

If you have any concerns regarding the safeguarding of children who attend Bishop Perrin CE Primary School, these should be reported to the Designated Safeguarding Lead who is Miss McAvoy. In her absence, concerns should be reported to the Deputy Designated Safeguarding Lead who is Miss Macklearn. The School's Safeguarding Governor is Lucy James.

And finally...

Open School Morning – 9:00 – 11:00, Thursday 23rd May.



BISHOP PERRIN
SUMMER FETE



SAVE THE DATE
SUNDAY 30TH JUNE
12 - 3.30pm



ATTENTION

FOR THE SUMMER FETE TO TAKE
PLACE WE NEED ADDITIONAL
VOLUNTEERS FOR THE FOLLOWING:

THE BAR STALL 11AM-4.30PM
ENTRANCE TABLE 11.45AM-3.45PM

GROUP PERFORMERS

We are looking for groups to perform on the day - signing / dancing - please get in touch.



Bishop Perrin C of E
Primary School

RAFFLE DONATIONS

Big thank you for all the raffle prizes that have been donated so far!

Email contact:
Sa.bishopperrin@gmail.com Charity No. 1108041



SECOND HAND UNIFORM

Thank you very much for all of your second hand uniform donations.

We have managed to have a sort through all of these items and although there might not be a sale at school in the immediate future, we are happy to take requests via email.

If you are in need please email us and we will do our best to check stock and come back to you as soon as we can.

Thanks

Hannah, Maddy, Cat & Ijlal.



sa.bishopperrin@gmail.com



TIPS FOR MOVING MORE FOR YOUR MENTAL HEALTH



MENTAL HEALTH AWARENESS WEEK
13-19 MAY 2024

Movement is important for your mental health. It can increase your energy, reduce stress and anxiety, and boost your self-esteem. Read our tips to help you get moving more for your mental health.



Find moments for movement every day

When life's busy, it can be tricky finding time for wellbeing-boosting activities. Finding moments for movement might be easier than you think. Why not use the time you spend waiting to move more? When you're waiting for the kettle to boil; for your kids to come out of school; or for a bus to arrive. These moments will add up!

Set small, achievable goals

Set yourself small goals. It might be walking to the end of your street. Then you can push yourself a little further each day. As you make progress, you will create positive feelings that can boost your confidence and mood.



Take a break from sitting

Many of us sit for long periods during the day: working at desks, driving, or watching our favourite TV show. Research shows that it's unhealthy to be still for long. Set a timer to take regular breaks to stand up, walk around and stretch.

Find the fun

Choose activities you enjoy that get you moving. Instead of thinking of movement as a chore, embrace your inner child and find the joy in movement. Fun alongside movement will increase your motivation and the psychological benefits.





Connect with others

We can strengthen our relationships or even make new friends when we take part in moving with others. These social connections are also great for our mental health. Think about ways to make your catch-up with friends more active. Check out groups and activities happening in your area.

Move in nature

Research suggests that moving in nature has greater positive effects on our wellbeing compared to indoors. Take your moments for movement out in the wild. Go for a walk in the countryside or try cold water swimming. Parks, gardens, nature reserves, all provide opportunities for movement and meeting new people.



Try something new

Trying new experiences can boost our wellbeing. Pushing ourselves to try new things opens us up to new opportunities for movement, making new friends, and having fun. Having the courage to try something new will also give your confidence a boost.

Plan things to look forward to

Having events and plans in the diary to look forward to is great for mental health, it can give a sense of hope and excitement for the future. Add moments for movement to your diary and make plans to do fun things that you can get excited about.



Listen to the music that gets you moving

Some songs are just made for moving. We all have favourite tunes that get us dancing. So, crank them up and have a living room disco where you can dance like no-one's watching!

Get more tips and advice at
[MENTALHEALTH.ORG.UK/MHAW](https://www.mentalhealth.org.uk/mhaw)



**MENTAL
HEALTH
AWARENESS
WEEK**
13-19 MAY 2024



DONATE

Staff and Corporate Partners donate their unwanted bikes



RENOVATE

Working with prisons and local businesses we renovate the bikes



LOCATE

We gift your refurbished bikes to key workers and those in need

The Recirculate project takes donated bikes, renovates them in prison workshops and locates them with NHS key workers and others in need. 313 bikes have already been given away and we now need more bikes.

DONATE YOUR UNWANTED BIKE NOW!

**We are collecting adult bikes at West Middlesex Hospital
MONDAY 3rd JUNE, 9.30am to 12pm.**

Bring your unwanted bikes to the garden by the main entrance.



Scan this QR code & complete the form if you have a bike to donate. If you can't get the bike to the hospital we will be in touch about arranging collection.

www.re-circulate.org